Note: This is a 2-person assembly. The product must be assembled correctly and maintained on a regular basis by checking all joints, bolts, screws, clips and nets. Failure to do so may void the warranty.

- Connect crossbars (part #1) to upright post (part #2) using M8 x 70mm s/s allen key bolts and 2 x M8 x 20mm s/s countersunk star torx barrel nuts (part #11). Tighten both bolts firmly using keys supplied.
- Lay the front part of assembled goal down with net track profile on the upper side.
- Insert into the upright posts’ net track (part #2) 2 large alloy hex nuts (part #12) and leave them on the upper end of post towards cast elbow (part #3). These hold the bottom of the D net support (part #4) and the top of the rear support bar (part #6).
- Connect the D net supports (part #4) to the lug on the elbows (part #3) using the M8 x 60mm gal hex bolts with flat and spring washers (part #14). The bottom side of each D net support (part #4) must be connected to the large alloy hex nut (part #12) previously inserted on the upright post (part #2) by using the M8 x 16mm s/s hex head bolt with flat and spring washers (part #13).
- Connect the D bracing bar (part #5) to the D net support (part #4) and crossbar (part #1) by using 1 x M8 x 60mm gal hex head bolt with washers and nuts (part #14) (to fix D net support (part #4)) and 1 x M8 x 16mm s/s hex head bolt and washers (part #13) (to fix crossbar (part #1)). The large alloy nut is already installed in the crossbar net track (part #1).
- Lay the rear base bar (part #8) on the ground with the net track facing up and then lay the 2 side base bars (part #7) on the ground with the net track facing up. This should make a mirror image of the already assembled main goal frame on the ground.
- Prepare the rear base frames by inserting 2 large alloy hex nuts (part #12) into each end of the rear base bar (keeping them close to either end) and 5 large alloy hex nuts (part #12) into the side base bars (part #7) (1 in the middle and 2 at each end).
- Connect the rear base bar (part #8) to the inside of the side base bars (part #7) using the flat alloy fixing plate (part #10) and bolted to the 4 x large alloy hex nuts (part #12) already inserted in the net track (2 on side base bar (part #7) and 2 on rear base bar (part #8)) using the M8 x 16mm s/s hex head bolt and washers (part #13).
- Attach the gal fixing plate (part #9) to the front side of the side base bar (part #7) using 2 x M8 x 16mm s/s hex head bolts and washers into the large alloy hex nuts (part #12) already in net track. The gal fixing plate (part #9) should be in line with the front edge of the side base bar (part #7). Add a 3rd large alloy hex nut (part #12) to the vertical hole on the gal fixing plate (part #9) by using 1 x M8 x 16mm s/s hex head bolt and washers (part #13). Keep this bolt very loose so it can slide easily inside the net track of the upright post (part #2) of the main goal frame.
- Connect the rear support bar (part #6) to the side base bar (part #7) by using 1 x M8 x 16mm s/s hex head bolt and washers (part #13) into the large alloy hex nut (part #12) already inserted into side base bar (part #7). The rear support bar (part #6) will hold itself on a 45 degree angle with the 1 bolt fitting.

- 2 people can now lift the completed base frame 90 degrees to a vertical position (1 person at each side base bar) and carefully slide the large alloy nut (part #12) attached to the gal fixing plate (part #9) into the net track at the bottom of the upright post (part #2) of the main goal frame. Slide the side base frame into the net track until the bottom of the side base frame is flush with the bottom of the upright post (part #2) of the main goal. Tighten the M8 x 16mm s/s hex head bolt (part #13) to hold in position.

- Fix the other end of the rear support bar (part #6) to the upright post (part #2) of the main goal frame using the M8 x 16mm s/s hex head bolt (part #13) into the large alloy hex nut (part #12) already inserted into the upright post (part #2) of main goal frame. Ensure the base frame assembly and the main goal frames are at right angles to each other before tightening all bolts. The completed goal assembly can now be tuned upright into its finished position and all bolts can be tightened.

- The net clips (part #16) can now be fitted into the net tracks. 18 clips to be placed on each crossbar (part #1); 6 clips to be placed on each one of the 2 upright posts (part #2); 10 clips to be placed on rear base bar; 4 clips to be placed on each side base bar. 4 clips will remain as spares. Place net clips sideways into track and turn 90 degrees to lock in place. Turning the net clips in the track can be hard on fingers so use a screwdriver to lever them around. Lock net clips into position using s/s net clip screws (#17).

- Knock in plastic end caps (#18) into the end of side base bar (part #7).

- Insert anchor pegs (part #15) through anchor points in rear base bar (part #8) and side base bars (part #7). Put 4 pegs on the rear base bar and 3 on each side base bar.

- Ensure goal frame is anchored securely to the ground before use and users are educated on safe portable goal post use.

Never swing or climb on goal post. Regularly check and maintain goal post prior to every use.